

echnical

Michoud Assembly Facility (MAF) operations & maintenance was scheduled to transition from Lockheed Martin to the new Manufacturing Support & Facility Operations Contractor (MSFOC) on 12/01/2008. Steps are underway to delay this change in responsibility until 02/01/2009. This will permit Lockheed Martin to accomplish critical preventative maintenance work in the manufacturing plant for the External Tank during the upcoming December holiday period, when the plant is typically shut down.

nformational

CHANGE is identified by the following stages:

- Shock/Denial
- Flood of emotions
- Bargaining
- Depression (grief)
- Acceptance (intellectual & emotional)

Individually we must be mindful of where we are in the cycle at any given time. Be aware of your thoughts, feelings, and behaviors. How you deal with change is up to you. Remember – you are not a victim, but a pioneer.

ersonal

POSITIVE STRESS is short term, motivates, may feel exciting, improves productivity, improves performance, is pleasant, is beneficial, is important to physical & mental fitness, focuses energy & sharpens the mind.

